

Careers & Personal Guidance

for adults @CRC

As part of our commitment to offering you the best possible preparation for a successful career, all apprentices at Cambridge Regional College have unlimited access to our impartial, highly specialised and experienced team of Careers Advisors. We offer a personalised service to ensure that the careers information, advice and guidance we offer you is tailored to your individual needs and circumstances.

WHAT SUPPORT DO WE OFFER?

- Personal guidance to help you achieve a better understanding of your skills and interests, identify your career goals and plan professional progression.
- Support with identifying and enhancing your employability skills to help you accelerate your performance at work.
- Guidance on using labour market information to identify opportunities.
- Advice on searching and applying for jobs and courses, including developing your application and interview skills.
- Information and advice on further or higher qualifications and progression routes in education and employment.

Who is personal guidance for?

The simple answer is - for EVERYONE. Regardless of your age or stage in your education or professional development, personal guidance can help you accelerate your performance, progression and career management skills.

Our kitemark

WE ARE EXPERT

Our Advisors are qualified to level 6 and 7 in career guidance & development and have extensive experience working with young people and adults in a variety of settings.

WE ARE PROFESSIONAL

We follow the Code of Ethics of the Career Development Institute and ensure that our practice adheres to the National Occupational Standards for career practitioners.

THE BENEFITS OF PERSONAL GUIDANCE

Personal guidance provided by a qualified career professional is driven by the individual needs of its recipient. Benefits may include:

- Increased awareness of your strengths and ability to use them to your advantage
- Improved motivation, resilience and a sense of empowerment to take action towards personal and professional success
- Higher capacity to plan and manage your career
- Increased understanding of qualifications and educational and training routes leading to meaningful destinations
- A better understanding of the labour market and the strategies to effectively navigate through it to achieve your professional goals

ENHANCED SUPPORT FOR 19+

To address the unique needs of adult learners and apprentices, we work in partnership with Futures for You - a guidance company specialising in the provision of careers support for adults.

WE ARE IMPARTIAL

We have your best interest at heart and will support you to achieve your personal and professional goals regardless of what qualification or training it may take or where you would like to take them.

WE ARE ACCESSIBLE

- Regular in person and virtual drop ins.
- Meetings available 5 days per week, with flexible appointment times to suit your study, work or family commitments.
- Meetings available face-to-face, via telephone or Microsoft Teams.

Our Team

Customer Service Advisors

Helen Ferguson
Julia Young

- Usually the first people you meet in the Hub or on the phone.
- Listen to your needs, provide initial IAG & arrange further guidance where needed.

Careers Advisors

Kathryn Miller
Dimitra Parisi

- Work with you 1:1 to identify and plan towards your career goals.
- You may also see them in your class delivering workshops for your group.

Careers & Personal Guidance Coordinator

Katharine Levy

- Acts as a careers advisor - you may see them in 1:1 or group sessions.
- Leads the team and acts as UCAS Coordinator - the final check point for higher education applications.

Resources

Students & apprentices

A range of resources are available on our VLE:
Hub: Careers corner

Prospective students

You can take an initial careers assessment and explore options via our website:
<https://www.camre.ac.uk/career-search/>

How to arrange your careers appointment?



01223 226315



enquiry@camre.ac.uk



in person in The Hub



ask a staff member to refer you

#WeAreCRC