

Careers & Personal Guidance

@CRC

As part of our commitment to offering you the best possible preparation for a successful career, all apprentices at Cambridge Regional College have unlimited access to our impartial, highly specialised and experienced team of Careers Advisors. We offer a personalised service to ensure that the careers information, advice and guidance we offer you is tailored to your individual needs and circumstances.

Our Team

Customer Service Advisors

Helen Ferguson
Julia Young

- Usually the first people you meet in the Hub or on the phone.
- Listen to your needs, provide initial IAG & arrange further guidance where needed.

Careers Advisors

Kathryn Miller
Dimitra Parisi

- Work with you 1:1 to identify and plan towards your career goals.
- You may also see them in your class delivering workshops for your group.

Careers & Personal Guidance Coordinator

Katharine Levy

- Acts as a careers advisor - you may see them in 1:1 or group sessions.
- Leads the team and acts as UCAS Coordinator - the final check point for higher education applications.

WHAT IS 'PERSONAL GUIDANCE'?

- Personal guidance is a one-to-one conversation with a qualified careers professional.

You might want to explore:

- Identifying your skills & strengths
- Planning your next step or career goals
- Education, training & employment
- Searching & applying for jobs
- Higher Education
- + more!



THE BENEFITS OF PERSONAL GUIDANCE

Personal guidance provided by a qualified career professional is driven by the individual needs of its recipient, but may include:

- increased awareness of your strengths and ability to use them to your advantage
- improved motivation, resilience and a sense of empowerment to take action towards personal and professional success
- higher capacity to plan and manage your career
- increased understanding of qualifications and educational and training routes leading to meaningful destinations
- a better understanding of the labour market and the strategies to effectively navigate through it to achieve your professional goals

"I felt so comfortable and felt like I was being listened to, which was very helpful"

"Very helpful"

"Covered all my concerns and questions"

"Helped me to visualise a potential career path"

WHO DELIVERS PERSONAL GUIDANCE?

- Personal guidance should be provided by a careers professional qualified to a minimum of Level 6 in Careers Guidance & Development.

WHO IS PERSONAL GUIDANCE FOR?

- EVERYONE! It doesn't matter how old you are, what you're studying or what stage you're at in your career decisions. If you have a goal in mind, we can help you plan your next steps. If you don't know what you want to do - that's okay! We can help you explore options.

Our kitemark

WE ARE EXPERT

Our Advisors are qualified to level 6 and 7 in career guidance & development and have extensive experience working with young people and adults in a variety of settings.

WE ARE IMPARTIAL

We have your best interest at heart and will support you to achieve your personal and professional goals regardless of what qualification or training it may take or where you would like to take them.

WE ARE PROFESSIONAL

We follow the Code of Ethics of the Career Development Institute and ensure that our practice adheres to the National Occupational Standards for career practitioners.

WE ARE ACCESSIBLE

Our Advisors are available all year round, five days per week at both Cambridge and Huntingdon Campus. We offer personal guidance face-to-face, via phone, email or another facility such as Zoom or MS Teams.

Resources

Students & apprentices

A range of resources are available on our VLE: Hub: Careers corner

Prospective students

You can take an initial careers assessment and explore options via our website:

<https://www.camre.ac.uk/career-search/>

How to arrange your careers appointment?



01223 226315



in person in The Hub



enquiry@camre.ac.uk



ask a staff member to refer you

#WeAreCRC