

Careers & Personal Guidance @CRC

As part of our commitment to offering you the best possible preparation for a successful career, all learners and apprentices at Cambridge Regional College have unlimited access to our impartial, highly specialised and experienced team of Careers Advisers.

WHAT IS 'PERSONAL GUIDANCE'?

- Personal guidance is a focused one-to-one conversation between a qualified careers professional and another person.

WHO DELIVERS 'PERSONAL GUIDANCE'?

- Personal guidance should be provided by a suitable trained careers professional qualified to a minimum of level 6 in Careers Guidance & Development.

WHO IS PERSONAL GUIDANCE FOR?

- The simple answer is - for **EVERYONE**. Regardless of your age, the stage in your education or career development you are at, whether you are yet to decide which progression route or career to choose or are well-settled on your course, apprenticeship or in a job, personal guidance can help you accelerate your performance, progression and career management skills.

THE BENEFITS OF CAREERS GUIDANCE

Personal guidance provided by a qualified careers professional is always driven by your individual needs, circumstances and goals, but the general benefits include:

- Increased awareness of your skills and ability to use them to your advantage.
- Improved motivation, resilience and a sense of empowerment to take action toward personal & professional success.
- Higher capacity to plan and manage your career.
- Increased understanding of qualifications and education & training routes leading to meaningful destinations.
- A better understanding of the labour market & the strategies to effectively navigate through it to achieve your career goals.

Our kitemark

WE ARE EXPERT

- Our Advisers are qualified to level 6 & 7 in careers guidance and development and have extensive experience working with young people and adults in a variety of settings including Secondary, Further and Higher Education and adult guidance services.

WE ARE PROFESSIONAL

- We follow the Code of Ethics of the Career Development Institute and ensure that our practice adheres to the National Occupational Standards for careers practitioners.

WE ARE IMPARTIAL

- Your best interest is our priority and we will support you to achieve your personal and professional goals regardless of what qualifications or training it may take or where you would like to take them.

WE ARE ACCESSIBLE

- Our Advisers are available all year round, five days per week at both Cambridge and Huntingdon campuses. We offer personal guidance face-to-face, via phone, email and virtually via Teams.



HOW TO ARRANGE YOUR CAREERS APPOINTMENT



01223 226315



in person in The Hub



Enquiry@camre.ac.uk



ask your tutor to refer you