Welcome to Cambridge Regional College. We are delighted you are joining us and we wish you every success on your programme.

Whether you are studying at our Cambridge or Huntingdon Campus, we hope you will have a wonderful time at CRC, developing skills that will help you build a great career and to have an exciting future.

We are very proud to be one of the top further education Colleges in the country. CRC students progress on to great jobs, Apprenticeships and Higher Education programmes. Over 90% of students would recommend CRC to their friends thanks to our inspirational teachers and outstanding facilities.

Everyone at Cambridge Regional College is totally committed to your success. It is a great place to learn, with the education, training and work experience you need to help you prepare for a successful, rewarding and enjoyable career. College life is not all about study, of course. Many of our students make life-long friends, and take the opportunity to participate in the life of the College through our extensive range of activities and sport teams.

Your learning and success are the reason CRC exists and every member of staff is working to enable you to succeed. We hope you enjoy your time at the College.

Please help us to maintain our College community as a place where everyone respects each other and where everyone can be successful.

We look forward to helping you achieve your career dreams.

Mark Robertson
Principal and CEO
of students would recommend CRC to their friends.

Transforming lives and creating prosperity.

One of the top further education Colleges in the country.
Cambridge Regional College is situated to the north of Cambridge City Centre, just off the A14. If you are using a Sat Nav, please use the postcode CB4 2QT.

Access from the A14
Exit the A14 at junction 33 signposted for Ely/Cambridge and, at the roundabout, take the exit onto the A1309/Milton Rd signposted for Cambridge City Centre. At the second junction, turn right onto Kings Hedges Road. Turn right at the traffic lights into Kings Hedges Drive. You will find Cambridge Regional College and our Visitor Car Park clearly signposted at the front of the College.

Access from Cambridge City Centre
From the Ring Road/Cambridge City Centre, turn onto Milton Road and travel towards the A14. Turn left onto Kings Hedges Road. Turn right at the traffic lights into Kings Hedges Drive. You will find Cambridge Regional College and our Visitor Car Park clearly signposted at the front of the College.

Public Transport
Taxis are available from outside Cambridge Train Station. The journey time is approximately 15 minutes. A new train station in North Cambridge is about a 25-minute walk away from the College. The Cambridgeshire Guided Busway provides a direct route to the College from Huntingdon and St Ives, Cambridge City Centre, Cambridge Railway Station and Trumpington Park & Ride. There are two busway stops immediately next to the College: "Cambridge Regional College" and "Orchard Park East".

Huntingdon Campus
From A14 Westbound
1) Leave at Junction 23 signposted Midlands/March, staying in right hand lane
2) At roundabout take 2nd exit to A141/March
3) Pass through 2 roundabouts remaining on A141
4) At roundabout take 3rd exit towards St Peters Road
5) Pass through 2 roundabouts
6) Turn left onto Redwangs Way
7) Turn right onto Sallowbush Road
8) Follow road through traffic lights onto California Road, College on right

From St Ives
1) A1123 Houghton Road
2) At roundabout take 2nd exit onto A141
3) At roundabout take 1st exit towards St Peters Road
4) Pass through 2 roundabouts
5) Turn left onto Redwangs Way
6) Turn right onto Sallowbush Road
7) Follow road through traffic lights onto California Road, College on right

From A141 Chatteris to Warboys
1) Take 2nd exit at Warboys roundabout staying on A11
2) Pass through two roundabouts
3) Take 3rd exit staying on A141
4) At roundabout take 1st exit towards St Peters Road
5) Pass through 2 roundabouts
6) Turn left onto Redwangs Way
7) Turn right onto Sallowbush Road
8) Follow road through traffic lights onto California Road, College on right
### OUR MISSION
To transform lives and create prosperity by delivering technical and professional education that meets the needs of students, employers and communities in Cambridgeshire.

### OUR VISION
To be outstanding in enabling students to excel and for serving employers and communities.

### OUR VALUES
The following values, which were developed in consultation with student and staff development groups, underpin the way we conduct ourselves in seeking to achieve our vision and mission:

<table>
<thead>
<tr>
<th>Values</th>
<th>For CRC this means...</th>
</tr>
</thead>
<tbody>
<tr>
<td>Welcoming</td>
<td>We are friendly and open to everyone</td>
</tr>
<tr>
<td>Empowering</td>
<td>We work to unlock the potential in everyone</td>
</tr>
<tr>
<td>Aspirational</td>
<td>We believe that, with hard work and support, everyone can achieve anything</td>
</tr>
<tr>
<td>Resilient</td>
<td>We support everyone to overcome hurdles and to turn challenges into opportunities</td>
</tr>
<tr>
<td>Excellent</td>
<td>We set high standards, and support and challenge everyone to achieve them</td>
</tr>
<tr>
<td>Courageous</td>
<td>We encourage everyone to step outside their comfort zone, to seek better results</td>
</tr>
<tr>
<td>Respectful</td>
<td>We recognise that everyone is different and is a valued individual</td>
</tr>
<tr>
<td>Collaborative</td>
<td>We work together to share ideas and resources</td>
</tr>
</tbody>
</table>

### OUR BEHAVIOURS
We have high expectations for the behaviour of our students, staff and managers. These behaviours help everyone to understand the way we do things at CRC to ensure that we deliver an outstanding experience for all.

#### VALUE: WELCOMING – WE ARE FRIENDLY AND OPEN TO EVERYONE
Students are expected to:
- Be polite to visitors, fellow students and staff
- Maintain a high level of personal behaviour at all times
- Contribute to maintaining our College so it looks and feels welcoming

#### VALUE: EMPOWERING – WE WORK TO UNLOCK THE POTENTIAL IN EVERYONE
Students are expected to:
- Set stretching yet achievable targets
- Seek support where needed
- Be ready to learn
- Meet deadlines

#### VALUE: ASPIRATIONAL – WE BELIEVE THAT, WITH HARD WORK AND SUPPORT, EVERYONE CAN ACHIEVE ANYTHING
Students are expected to:
- Have a high expectation of themselves and others
- Work to exceed targets
- Seek information to plan a great career
- Get involved in the life of the College

#### VALUE: RESILIENT – WE SUPPORT EVERYONE TO OVERCOME HURDLES AND TO TURN CHALLENGES INTO OPPORTUNITIES
Students are expected to:
- Never give up
- Ask for help when they need it
- Bounce back
- Seek support to develop their skills and for anything interfering with their learning or personal welfare
**THE College - Curriculum Organisation**

You will come across and work with a number of different staff members during your time at CRC. Here is a brief description of what each of them does.

### HEAD OF DEPARTMENT

This person is the Head of your Department and is responsible for all the staff and students within that area. Their role is to ensure that you are progressing and having an excellent student experience.

### PERSONAL TUTORS

This person will support you through the course. They will hold 1:1 tutorials with you to discuss progress. They will work with you to help you succeed by setting targets and developing skills you need to complete assessments. Your Personal Tutor may also be one of your subject tutors.

### TEAM LEADER

Team Leaders support the Head of Department to ensure the smooth running of the area.

### SUBJECT TUTORS

This person will be teaching a project/unit or module on your course. They are responsible for planning and marking your work.

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### Students are expected to:

- Attend regularly and punctually
- Participate in providing feedback to help the College improve
- Escalate issues until they are resolved
- Always try their best in everything they do

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### VALUE: EXCELLENT – WE SET HIGH STANDARDS, AND SUPPORT AND CHALLENGE EVERYONE TO ACHIEVE THEM

**Students are expected to:**

- Attend regularly and punctually
- Participate in providing feedback to help the College improve
- Escalate issues until they are resolved
- Always try their best in everything they do

---

### VALUE: COURAGEOUS – WE ENCOURAGE EVERYONE TO STEP OUTSIDE THEIR COMFORT ZONE, TO SEEK BETTER RESULTS

**Students are expected to:**

- Participate in giving feedback
- Try new things in enrichment
- Challenge inappropriate behaviours
- Ask for help

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### VALUE: RESPECTFUL – WE RECOGNISE THAT EVERYONE IS DIFFERENT AND IS A VALUED INDIVIDUAL

**Students are expected to:**

- Treat all fellow students, staff and customers with care and consideration
- Be on time
- Treat the environment with respect
- Wear an ID badge at all times

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### VALUE: COLLABORATIVE – WE WORK TOGETHER TO SHARE IDEAS AND RESOURCES

**Students are expected to:**

- Be positive about working together to learn
- Engage in activities inside and outside the College or workplace to enhance breadth of learning and contribution to the community
- Develop employability skills
THE HUB
24 hour Advice and support at your fingertips on computer, mobile or tablet via The Hub Online.

Feeling hungry? As well as The Kitchen, we have a Costa Coffee (Cambridge) and Starbucks (Huntingdon).

Remember to wear your student ID card at all times. As well as keeping you safe, you’ll also need it to access the LRC and food outlets!

THE WHAT, WHERE & WHEN

STUDENT 101...

#WEARECRC

THE WHAT, WHERE & WHEN

STUDENT 101...
TERM DATES

Autumn Term 2019
5 September – 19 December 2019

Autumn Half Term
21-25 October 2019

Spring Term 2020
6 January – 2 April 2020

Spring Half Term
17-21 February 2020

Easter
6-17 April 2020

Summer Term 2020
20 April – 24 June 2020

Summer Half Term
25-29 May 2019

D A Y IN THE LIFE...

Travel to College on the College Bus (or other means)

Arrive at College

College day starts, lessons

Lunch in The Kitchen and relax in the social areas with friends

Afternoon lessons start

Travel home, on College Buses, train, public buses, car or bike.

A DAY IN THE LIFE...

8.40

09:00

12:00

13:00

From 16:20
THE HUB
The Hub is the place in College to support you as individuals whilst you are here at CRC. The Hub provides wraparound support to all students and apprentices at CRC and is provided by a group of support teams including:
- Careers and IAG
- Student Bursary
- Welfare and Support
- Safeguarding
- Apprenticeship Recruitment
- Student Engagement and Student Union
- Progression Coaches
  If you need anything, visit The Hub and they will help you or point you in the right direction.

THE HUB ONLINE
At CRC we pledge to provide outstanding support to students. The Hub Online offer 24 hour information, advice and support at your fingertips on a computer, mobile or tablet. To visit The Hub Online sign into the CRC VLE.

WHAT TO DO IF... YOU ARE ABSENT
If you are going to be absent for any reason you must call the college on 01480 379100 for Huntingdon, or 01223 418551 for Cambridge, before 9am to report it. This number has voicemail for use inside and outside of college hours.
We will need your name, student ID number and the reason for your absence.

YOU FEEL UNWELL AT COLLEGE
If you start to feel unwell whilst at college please let a member of staff know immediately. If you need to go home you must speak to your tutor or subject lecturer to let them know. They will ask you to complete a sign-out form, which they must also sign. This form must be taken to Reception at Huntingdon Campus or The Hub at Cambridge Campus before you leave the college.
If you are under the age of 18 at the start of the academic year your parent/carer will be informed.

ID CARDS
ID cards are issued to all staff and students and must be worn at all times whilst on College premises or on College trips and visits. Your ID entitles you to access the College premises and use its resources like the LRC and food outlets. If you have a College bus pass you must also show your ID badge when you get on the bus to and from College.
Daily ID badge checks take place at both Campuses. We do this in order to ensure the safety of all students and staff at CRC.
College is a safe environment but it is important that we all remain vigilant. If you see someone in College without a badge or something suspicious, please report it immediately to a member of staff.

College CLOSURES
The College website indicates the current status of the College.
There are three stages to the College’s accessibility:
- Green - The College is fully open to all users.
- Amber - The College will have a delayed opening for commercial activities and to local students and all staff who can make the journey safely. The exact time of opening will be communicated on the day by text, social media and College websites. The College is closed for students who would normally attend on the College’s contract buses.
- Red - The College is closed to all staff and students.

STUDENT BEHAVIOUR AND CONDUCT
As in any community it is important that College members, students and staff behave in a respectful and cooperative manner to make the best use of the facilities and opportunities at CRC. Students who do not observe these behaviours or demonstrate the College values will be subject to the College’s disciplinary procedures. If you are unclear about any aspect of the behaviour code please speak to your Personal Tutor.
**MOBILE PHONES**

Students are reminded that mobile phones brought onto College premises must be on silent during any teaching sessions and at all times when in the Learning Resource Centres and all computer rooms. Students should not record, share or distribute images and videos recorded on any electronic recording device (e.g. mobile phone, MP3 player, tablet) whilst on College premises (including College transport) or College trips, which may cause offence to others or bring the College into disrepute.

**FOOD AND DRINK**

Both Campuses have a number of food outlets, from the popular Costa Coffee (Cambridge) and Starbucks (Huntingdon) to The Kitchen, serving everything from sandwiches and pastries to hot lunches cooked breakfasts and lunches. At Cambridge Campus the College shop also serves hot and cold drinks and sandwiches, as well as sweets, cards and a range of everyday goods. Students can also eat in the College’s Brasserie at The Park. This is open to all members of the public, with meals cooked by catering students, and provides delicious, great-value food, whether it’s a quick snack, a coffee or lunch.

**VEHICLE PARKING**

For Cambridge Campus, parking is charged at £2 per visit and enforced by number plate recognition. Parking outside of these restrictions will result in a fixed penalty notice charge to the address the car is registered at. Please note that enforcement is carried out by an external company. Any concerns about penalty notices should be directed to the issuing company. There is currently no charge to park at Huntingdon Campus.

**FIRE AND LOCKDOWN PROCEDURES**

As part of CRC’s commitment to keeping all students, staff and visitors safe, we do hold regular fire and lockdown practices across both Campuses. It is important that you know what these are and what to do during a drill. To find out the full procedures, please visit the Hub Online and read the Fire, First Aid and Health & Safety Procedures.

**STUDENT SOCIAL SPACES**

Both sites have designated areas for students to relax in during gaps between lessons. The furniture for these areas has been provided for you by your Student Union. Please treat these areas with respect and have the courage to challenge or report poor behaviour if you see it, to ensure that all learners feel happy, safe and welcome in these spaces.
Many local employers contact our Employer Engagement Team with job opportunities in the local area that could be suitable for you.

At CRC you will achieve more than just qualifications. Every full-time Study Programme will help you to develop the skills necessary for successful progression and employment.

Our expert careers and IAG service is based in The Hub and can help you make informed decisions about your next steps.
STARTING YOUR GREAT CAREER AT CRC...

WORK EXPERIENCE AND RELATED ACTIVITY

Engaging with employers for work experience or special projects will give you valuable skills for your future chosen careers. During your time at CRC you will have many opportunities to undertake work experience and we have a team of experienced Industry Placement Coordinators who are available to give advice and support on sourcing and undertaking work related activity. To speak with them visit The Hub or ask your Personal Tutor.

Some courses require intensive work experience called Industry Placements. There is a team of people on hand to help and support you with this. Drop in to The Hub or ask your Personal Tutor if you need anything.

(PDP) YOUR PERSONAL DEVELOPMENT PLAN

At CRC you will achieve more than just qualifications. Each full-time study programme will help you to develop the skills necessary for successful progression and employment. Your Personal Development Plan (PDP) is a record of your skills and areas for development and provides you with a certificate that demonstrates what you have completed at CRC outside of your normal timetabled sessions.

(ILP) YOUR INDIVIDUAL LEARNING PLAN

All students on full-time courses, and those part-time students who have timetabled lessons of 180 hours or more during the year, will be given opportunities to discuss and complete an Electronic Individual Learning Plan (E-ILP) with their tutor. Full-time students can expect to have a minimum of 3 x 30 minute 1:1 Tutorial meetings with their Tutor at which you will complete and update an ILP.

These electronic Individual Learning Plans help you identify your strengths and areas for improvement, and by agreeing SMART (Specific, Measurable, Achievable, Realistic, Timebound) targets they will give you a focus and help you to overcome any difficulties you may have with your course.

These 1:1 Tutorials also give you the opportunity to review your progress and record your achievements, helping you to make choices about future educational options and employment opportunities.

INDUSTRY PLACEMENTS

If your course includes an Extended Industry Placement our team of Industry Placement Co-ordinators will support you with sourcing and preparing you for it. They and your tutor will continue this support for the duration of your placement including visiting you in the workplace to review your progress. You will meet them within the first few weeks of term through your tutorial sessions but you can also access them for help by visiting The Hub.

CAREERS AND PERSONAL GUIDANCE

Our expert careers and personal guidance service is based in The Hub and can provide you with impartial information, advice and guidance to help you make informed decisions about your next steps.

They can offer you a range of support including:

- 1:1 appointments with a fully qualified careers adviser
- Drop in services at both campuses
- Careers information and advice on The Hub Online
- Job searching which is tailored to your careers goals
- Help with creating and updating your CV
- Help with choosing what to do after your programme finishes
- Support with writing university applications and personal statements
- Online course information via Live Chat on the CRC website
APPRENTICESHIP RECRUITMENT

The Apprenticeship Recruitment Team is based in the The Hub and work closely with the Careers and IAG Team to:

- Advise you on how to apply for an apprenticeship
- Offer information on a range of apprenticeship opportunities in up to 52 subject areas.
- Assist with accessing maths and English programmes to study alongside your apprenticeship.
- Provide advice and guidance on your employment as well as support throughout.
- Assist with interview and employability skills.

JOB SHOP

Many local employers contact our Employer Engagement Team with opportunities in the local area that could be suitable for you. These are uploaded to The Hub Online and also at various points around the College. If you require support in applying for these positions, please visit the Careers and IAG Team in The Hub.

(LRC) LEARNING RESOURCES CENTRE

The LRC is a vibrant learning area at the heart of the College. The LRC holds an extensive range of materials and information relating to your studies, as well as a variety of study facilities and spaces. LRC staff can provide a lot of help with assignments. There are study areas in our LRC designed for both individual and group study and the LRC staff are more than willing to provide help and training in study and research skills.

Your College ID card allows you to borrow materials and login to the 24/7 learning materials available on the website. LRC staff are happy to help you use the centre and assist you in your information and study needs.
When you enrol at CRC, you’ll automatically become a member of the CRC Students’ Union. Run by students, for students the SU will enhance your time at College!

Become a Student Ambassador and enjoy a range of unique opportunities and experiences! We have Ambassador of the Month and Year Awards up for grabs too.

Want to start your own club or society? You could receive a £25 start up grant!
ENRICHMENT

College life should be a good balance between hard work and fun. We strive to give you lots of opportunities to access free enrichment activities that will broaden your horizons, develop your skills and contribute to the CRC and wider communities. The College enrichment strategy gives you opportunities to participate in personal, professional and community enrichment. To find out more view the menu of personal development on the Hub online.

STUDENT UNION

All students 16+ who enrol on a course at CRC automatically become members of the CRC Students’ Union. The Students’ Union is run by students, for students, and aims to enhance the student experience as well as being a representative body for students. Each year new Students’ Union committee members are elected and hold office for one year. Elections for President and Vice President happen in June each year and the remaining positions are voted in by you during the first half term.

Positions include:
- President
- Vice President (Cambridge Campus)
- Vice President (Huntingdon Campus)
- 16 – 19 Study Programmes Officer
- Adult Learning Officer
- Apprenticeships Officer
- SEND Officer
- International Officer

To find out more about getting involved please visit The Hub at either site or visit the Student Voice page on The Hub Online.

STUDENT AMBASSADOR SCHEME

The CRC Student Ambassador Scheme provides students with a wide range of opportunities to develop their skills and demonstrate the College values by acting as an Ambassador for the College. Activities include supporting at College open events, attending learner voice meetings, supporting with staff interviews, speaking at local schools, promoting the College to prospective students and writing student blogs for the College website.

Student Ambassador opportunities are advertised weekly in TMail and training is provided when required.

For every hour you volunteer as a Student Ambassador you will receive 1 Ambassador point. All Ambassador points will be totalled at the end of the year and you will receive a Bronze, Silver or Gold Award. There are also Ambassador of the Month and Year Awards up for grabs too.

TMail

TMail is your way to keep up to date with the latest goings on in the College. It advertises opportunities for you to get involved with CRC life and broaden your horizons and skills to make the most of your time at CRC. Your tutors will deliver TMail each week in Tutorials. If you have anything you would like to add please visit The Hub or contact Hub Online.

CRC VOICE

“CRC Voice” is the umbrella name for a group of students made up of Student Course Representatives, Student Leaders, Student Union Exec Team and Student Governors. If you decide to put yourself forward for one of these roles, you will have the opportunity to represent your fellow students in order to support the College in providing an outstanding student experience.

You will receive a Welcome to CRC Voice Presentation within your first weeks at College but, if you would like to find out more about getting involved, please visit The Hub at either site or download an information pack from The Hub Online.
We also provide a range of study workshops and intensive learning support sessions to help you prepare for examinations and assessments.

At Cambridge Regional College we treat everyone with respect. We believe that everyone has a right to be valued and have equal opportunities.

We know that money matters. If you need help with bursary support, speak to our dedicated bursary and finance team!
WELFARE AND WELLBEING

Your physical and mental wellbeing can affect your learning. Should you ever need to talk to someone confidentially about issues that may be creating barriers to success, our Welfare and Support Team, based in The Hub is here to help.

The team can offer support and advice on a number of areas including:

- Safeguarding yourself and others whilst at CRC
- Mental Health
- Sexual health
- Drugs and alcohol
- Sexuality and identity
- Healthy Relationships
- Being a young carer or young parent.

The team also works with a large amount of outside agencies and charities that support the service that is already provided. If we can’t support you fully or we identify that you may need some extra support, we will work with your to refer or signpost you to one of our partner services.

LEARNING SUPPORT

The College offers a range of learning support to make you more independent in your studies. You can access learning support sessions on a 1:1 basis, in small groups and through in-class support.

We also provide a range of study workshops and intensive learning support sessions to help you prepare for examinations and assessments. All of our learning support team are specialists in a range of different fields and will help you to achieve your ambitions. We support students with dyslexia, English and maths skills. We also offer ESOL study support sessions for students to develop their language competency.

For more information about study support contact your Personal Tutor or the Head of Learning Support.

BURSARY SUPPORT

Money matters shouldn’t stop you from coming to College which is why our Bursary and Finance Team is available to advise you on sources of financial help including any bursaries or support funds that may be available to you.

The College can financially support students whose household income is lower than £28,000.

You will need to fill out a form and submit supportive evidence, but when the application is approved it can support with:

- Meals,
- Kit, uniform, equipment
- Transport to and from College
- Trips
- Childcare

You can collect forms from our reception desk in The Hub or talk further in the bursary office.

If you are not eligible for bursary support but would like advice and tips on how to manage your money then please visit The Hub.

PROGRESSION COACHES

We understand that you may face some barriers to success whilst at College or you may need some extra support in your studies. In order to help support we have a team of progression coaches.

Progression coaches help in many areas:

- Helping you overcome boundaries to learning
- Advocate where appropriate on your behalf
- Challenge and motivate you to achieve outstanding attendance
- Mentor you to demonstrate the College values and behaviours
- Working with you to look at your actions and their consequences to support you come up with more positive outcomes.
STAYING SAFE ONLINE

“Online activity” is the use of the Internet on any device: Facebook on your laptop, Snapchat on your mobile, gaming on your tablet. It also includes texting and is not just about your safety, but that of others’.

Some key points to remember:

• Don’t post any personal information online – for example your home or email address, or mobile number.
• Think before posting pictures or videos of yourself. Once it’s posted, it’s not yours anymore.
• Consider everything you post – if you wouldn’t say it to someone’s face, don’t make a permanent record of it online. Creating or distributing inappropriate or offensive images may result in criminal proceeding.
• Check your privacy settings on all the sites you use, and keep them as high as possible.
• Never give out your passwords and think about the combinations you use.
• Don’t make friends with people you don’t know – anyone can hide behind another profile online. Remember that not everyone online is who they say they are.
• Don’t meet up with people you’ve met online, and speak to someone you trust if anyone suggests that you do.
• Respect other people’s views.
• If you see something online that makes you feel uncomfortable, unsafe or worried, leave the website and speak to someone immediately. If it happens in College, you can talk to any member of teaching staff or visit The Hub.
• Take online safety seriously. For help and support on how to stay safe online visit The Hub Online.

SAFEGUARDING

Staying Safe in College is called Safeguarding. In practice Safeguarding means:

• Protecting children, young people and vulnerable adults from abuse and maltreatment
• Preventing harm to their health and development
• Ensuring they grow up in the provision of safe and effective care
• Taking action to ensure all children, young people and vulnerable adults have the best outcomes.

The safety and wellbeing of everyone who works and studies at CRC is our top priority. All College staff are trained in safeguarding and there is also a team of specialist Designated Safeguarding Officers. This means that if you need help, there will always be a member of staff in College who can help – and if they can’t, they will know someone who can.

There are also always a Safeguarding Officer in The Hub.

If you are experiencing any type of harm at College or in your personal life, please speak to any member of staff.

PREVENT

Another aspect of Safeguarding is the Prevent Duty, a Government strategy that requires schools and Further Education Colleges to have “due regard to the need to prevent people from being drawn into terrorism”, supporting terrorism or being drawn into non-violent extremism.

Extremism is defined as “vocal or active opposition to fundamental British Values.” Prevent is safeguarding students to keep them both safe and within the law. The Prevent Duty is not about stopping students from having political and religious views and concerns but about supporting them to use those concerns or act on them in non-extremist ways. Prevent aims to provide early intervention to protect and divert people away from being radicalised and being drawn into terrorist activity. Staff and students are urged to be vigilant and to report any concerns to any member of staff.
EQUITY AND DIVERSITY

At Cambridge Regional College we treat everyone with respect. We believe that all have a right to be valued and to have equality of opportunity regardless of gender, gender identity, disability, support needs, ethnicity, religion and belief, age, sexual orientation or social class.

We expect all staff and students to play an active role in promoting equality and challenging discriminatory behaviour. We expect anyone who feels unfairly treated, who is upset by inappropriate comments or jokes, feels they are victims of abuse or who experience any form of discrimination or harassment, to tell us. We take any form of discrimination or harassment very seriously.

FIRE, FIRST AID AND HEALTH AND SAFETY

All students are required to take reasonable care of their own health and safety while on College premises and observe information about health and safety in College. To read all Fire, Health and Safety procedures please visit The Hub Online.

COMPLAINTS AND COMPLIMENTS

The College welcomes any feedback and suggestions. We actively encourage this type of feedback from our students, staff and the wider community of the College.

If you have a positive experience during your time at College and would like to tell us, or you wish to let us know how we can improve our service to you, please tell us.

If you are unhappy about any part of your College experience, we want to hear about it. If you tell us about any concerns or problems that you have, it gives us the opportunity to try to improve things for you, and for others who might have the same issues.

The College has a compliments and complaints procedure which available for you to read on the college website here:

http://www.camre.ac.uk/contact-us-maps/feedback/

Feedback forms are also available at Reception.
Save money with an NUS Extra card! NUS Extra is the number 1 student discount card, bringing you over 200 UK student discounts.

Want to train in an environment with top of the range equipment and personal trainers on hand? We have two gyms on site!

Book an appointment at Elements and Vitality. We have three Hair salons, three Beauty salons and a Spa.
When you join CRC you automatically become a member of the National Union of Students (NUS) and are eligible to purchase an NUS Totum Card. NUS Totum is the number 1 student discount card, bringing you over 200 UK student discounts and a 1 year FREE ISIC unlocking over 42,000 international discounts.

Choose from a 1 year card for just £12, a 2 year card for £22 or a 3 year card for only £32. Many discounts are online only so you can’t get them without your NUS Totum card. Buying a card also helps you raise funds for your Student Union which is used to buy things to make your experience in college, even better.

To buy an NUS Totum card, go to cards.nusextra.co.uk

We have gyms on both sites for students to use.

Cambridge Campus: students can access the gym in the sports centre for £12.00 a year. If you want to train in an environment with top of the range equipment and personal trainers on hand then why not join our Gym at The Park. Monthly memberships start from £20.00 if you have an NUS card.

Huntingdon Campus: students can use the gym for free on production of their college ID badge on Tuesdays, Wednesdays and Thursdays.

For both campus gyms, you must arrange an initial induction which can be arranged directly with them.

Elements - our fully equipped salon at Cambridge Campus and Vitality at our Huntingdon Campus are open to the public.

With three hair salons, three beauty salons and a spa, we are renowned for delivering a high quality service at a fantastic price.

The salons operate as both a training and professional salon offering training, trained and qualified treatments at amazing prices. CRC students have the opportunity to work alongside our professionals gaining valuable commercial work experience whilst developing their industry skills.

To book an appointment just pop in to see us at The Park or you can book online www.thepark-cambridge.co.uk or visit www.vitalitysalon.net

As an enrolled student at Cambridge Regional College you will receive a free personal network and wireless account. The network accounts are automatically created for you once you have enrolled. If you have a laptop or other wireless internet device, you can use Wi-Fi free of charge by connecting to the wireless named Eduroam.

Username: Student ID
Password: CRCyourpostcode

Your email account can be accessed via any web browser by at https://login.microsoftonline.com/
Username: studentid@students.camre.ac.uk
Password: CRCyourpostcode

Your mailbox has a 25GB storage limit with an email message send/receive limit of 25MB. Students are responsible for managing their own mailboxes.

We encourage all students to follow us on social media so you can keep up to date with the latest news and events happening around your college. Connect with friends, follow the CRC social media channels:

@CRC_College
@CRCHuntsCampus
CRC_College
Cambridge Regional College
Cambridge Regional College Huntingdon Campus
Cambridge Regional College
USEFUL CONTACTS AND INFORMATION

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<tr>
<th>The Hub</th>
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STUDENT GUIDES

For student guides and processes, please visit:

Plagiarism Policy