

2 September 2011

Press Release

## **CRC LAUNCHES NEW ADULT COURSE GUIDE**

**A great new range of courses for adults at Cambridge Regional College offers something for everyone – and the opportunity to save money by learning from the experts.**

The College is one of the best equipped in the country thanks to a £23 million redevelopment programme, allowing adult students to benefit from the great resources enjoyed by CRC's full-time learners.

All the lecturers are experts in their field, from creative arts to plumbing and construction, so courses are full of the good practical information which makes learning enjoyable.

The wide range of courses includes new one-day introductory beauty courses in skin care, massage, anatomy and nutrition – perfect for those wanting to test the water before taking a longer course.

On the home front, there are a number of very tempting practical courses which could save money – and even a few cross words.

So for anyone who has battled with putting together flat pack furniture, help is at hand – in the form of “Assembling Flat Packs (including repair and adjustment)”.

At the other end of the scale, a new course on handcrafted furniture could mean the end for flat packs altogether. The 12-week course, taught by specialists in the College's carpentry workshops, includes basic techniques designed to introduce students to the beauty of real wood.

Plumbing, bricklaying, DIY, tiling and plastering are all areas where some skill can be extremely useful, and prove popular at CRC each year.

For those looking to develop their creative side, the College has some great options, including jewellery-making, photography, print-making and metal craft, all taught in purpose-built studios.

As well as a wide range of leisure courses, the College runs an innovative Higher Education programme, a large number of services to business, professional qualifications accredited by bodies such as AAT and CIPS – and even free English and Maths tuition.

Enrolment evenings take place on 7 and 8 September, from 4.30pm to 7pm, with continuous enrolment during the last two weeks of September. To find out more, download the course guide at [www.camre.ac.uk](http://www.camre.ac.uk) or ring 01223 226315.

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### **MEDIA ENQUIRIES**

For more information, please contact Lynn O'Shea, Communications & PR Manager, on 01223 418773 or email [loshea@camre.ac.uk](mailto:loshea@camre.ac.uk)

### **NOTES TO EDITORS**

Cambridge Regional College is one of the largest providers of full-time further education for 16 to 19 year-olds in the eastern region. The College has more than 4,000 full-time and 6,000 part-time students, coming from a 40-mile radius, covering Cambridge and its surrounding villages, eastern Bedfordshire, northern Essex and western Suffolk.

Over 80 per cent of full-time students are aged 16 to 18 years old and come to the College after secondary school; the rest are mature students, studying on a range of Access to Higher Education and vocational programmes. The College offers the

largest and most comprehensive range of vocational courses in Cambridgeshire, and has one of the largest work-based learning contracts in the Eastern Region.