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Press Release

MASTERCLASS FOR YOUNG CHEFS PREPARING FOR COOKING CHALLENGE

Two young chefs at Cambridge Regional College received a masterclass in cooking for competitions yesterday when top chef Lee Corke – who has cooked for royalty – passed on some of the secrets of success.

Lee, the vice chairman of the British Culinary Federation who also oversees international competitions for the organisation, spent two hours helping Tom Osbourne and Carla Mendez create winning dishes.

The two 17 year-olds will be representing CRC in the University of Cambridge Culinary Competition next week, competing in the Under 21s category against chefs employed by the colleges.



Tom Osbourne and Carla Mendez with Lee Corke, right, and lecturer Ian Sparke

The rules of the Salon Culinaire competition mean the entries will be judged on appearance when cold – rather than on taste when freshly cooked – so the teaching session concentrated on presentation with Lee, catering manager at Clare College, explaining just how to impress the judges.

The students will each be cooking lamb dishes – using native Southdown lamb donated by breeder Patrick Goldsworthy – for the competition which takes place at CRC on Thursday, 27 October.

More than 80 chefs from 15 colleges will be competing in the day-long competition, with categories ranging from canapés to afternoon tea cakes. A live cook-off in the kitchens at CRC is one of the highlights of the event, which is open to the public.

For more information, see www.cambridgechefcomp.com.

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MEDIA ENQUIRIES

For more information, please contact Lynn O’Shea, Communications & PR Manager, on 01223 418773 or email loshea@camre.ac.uk

NOTES TO EDITORS

Cambridge Regional College is one of the largest providers of full-time further education for 16 to 19 year-olds in the eastern region. The College has more than 4,000 full-time and 6,000 part-time students, coming from a 40-mile radius, covering Cambridge and its surrounding villages, eastern Bedfordshire, northern Essex and western Suffolk. Over 80 per cent of full-time students are aged 16 to 18 years old and come to the College after secondary school; the rest are mature students, studying on a range of Access to Higher Education and vocational programmes. The College offers the largest and most comprehensive range of vocational courses in Cambridgeshire, and has one of the largest work-based learning contracts in the Eastern Region.