

29 September 2010

Press Release

## **CAMBRIDGE MAYOR JUMPS ABOARD AT CRC**

The mayor of Cambridge, Councillor Sheila Stuart, was at Cambridge Regional College yesterday to help launch the nationwide tour of the Big Volunteering Bus.

She met many of the hundreds of students who visited the bus to learn more about volunteering and take part in interactive workshops with industry and careers experts.



The mayor of Cambridge Sheila Stuart with students and helpers at the bus

The Big v Bus was in Cambridge for the first stop of its national tour of 13 colleges and universities, inviting students to jump on board and discover how volunteering could help them get ahead in the job stakes.

Activities included inspirational workshops, advice on writing CVs, interview skills and guest speakers – as well as plenty of information on local volunteering opportunities.

Volunteers from Norfolk and Suffolk joined Cambridgeshire helpers to staff the bus and spread the word about the benefits of volunteering.

CRC's Volunteer Co-ordinator Agnes Toth said the visit of the bus had been a big success.

“It was wonderful to have the mayor here and the students really enjoyed her visit. She said she was very impressed by the young people she met on the bus,” said Agnes.

“The day went very well and we definitely got the message across that volunteering is fun and can give young people the skills and experience to help them get the job they want – many signed up on the day for volunteering opportunities.

“Students face one of the hardest employment climates in years and volunteering can give them the experience to build their CVs.”

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#### **MEDIA ENQUIRIES:**

For more information, please contact Lynn O'Shea, PR & Events Co-ordinator, on 01223 418773 or email [loshea@camre.ac.uk](mailto:loshea@camre.ac.uk)

#### **NOTES TO EDITORS**

Cambridge Regional College is the second largest provider of full-time education for 16 to 19 year-olds in the eastern region. The College has around 3,500 full-time and

6,000 part-time students. Students come in from a 40-mile radius, covering Cambridge and its surrounding villages, eastern Bedfordshire, northern Essex and western Suffolk.

Over 80 per cent of full-time students are aged 16 to 18 years old and come to the College after secondary school; the rest are mature students, studying on a range of Access to Higher Education and vocational programmes. The College offers the largest and most comprehensive range of vocational courses in Cambridgeshire.