

14 June 2010

Press Release

STUDENTS COMPLETE GRUELLING THREE PEAKS CHALLENGE FOR CHARITY

Cambridge Regional College students and tutors pushed themselves to the limit to complete the Yorkshire Three Peaks Challenge and raise hundreds of pounds for charity.

Three teams of Public Services students and their lecturers finished the gruelling 24-mile route across the Yorkshire Dales in excellent times, despite struggles with injury and exhaustion.



It was all worth it! Students take time out to enjoy the Yorkshire scenery.

One group completed the challenge in around nine and a half hours, the second in just over 10 hours, and the third, hit by injury but refusing to give up, finished in just over 12 hours.

The trip has already raised over £500 for Help for Heroes and the Youth Cancer Trust, with more money still coming in for the charities.

Organiser Matt Walton, a lecturer in Public Services, said the teams had shown enormous courage and endurance to complete the challenge, particularly those who struggled with severe cramp and pain.

“It was an amazing achievement for everyone involved and we’re delighted to have raised so much money for charity. Help for Heroes is important to us as several of our former students are serving in Afghanistan and many of our current ones are planning a future in the Services,” he said.

The hiking challenge included the peaks of Pen-y-Ghent, Whernside and Ingleborough, which had a height differential of 3,000 metres.

The students trained hard for the marathon effort, including taking part in an eight-mile route march to Waterbeach Barracks where they worked on a series of challenges before marching back to College.

The second year students, aged from 17 to 19, also completed an Expedition Skills unit of their course, providing them with all the skills and abilities to complete the challenge.

The nine students involved were: Andy Howard, Adam Burgoyne, Samantha Eggar, Ross Hanrahan, Samantha Cornwall, Jamie Booty, Reece Wagland, Ryan Moulsher and Becca Small, accompanied on the exercise by CRC staff Dale Turner, Pete Hockey and Rob Metcalfe, with Matt Walton and Andy Blackmoore providing the back-up.

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MEDIA ENQUIRIES:

For more information, please contact Lynn O'Shea, PR & Events Co-ordinator, on 01223 418773 or email loshea@camre.ac.uk

NOTES TO EDITORS

Cambridge Regional College is the second largest provider of full-time education for 16 to 19 year-olds in the eastern region. The College has around 3,500 full-time and 6,000 part-time students. Students come in from a 40-mile radius, covering Cambridge and its surrounding villages, eastern Bedfordshire, northern Essex and western Suffolk.

Over 80 per cent of full-time students are aged 16 to 18 years old and come to the College after secondary school; the rest are mature students, studying on a range of Access to Higher Education and vocational programmes. The College offers the largest and most comprehensive range of vocational courses in Cambridgeshire, and has one of the largest Train to Gain contracts in the Eastern Region.