

24 November 2010

Press Release

## **‘LEADERS FOR LIFE’ COME TOGETHER AT CAMBRIDGE REGIONAL COLLEGE**

**Young sports leaders from across the region put their fitness and interview skills to the test at a convention at Cambridge Regional College yesterday.**

A hundred students tried out their team-building talents, received some top-level advice on job applications and tested themselves on the Army’s speed-reaction equipment in the first of 11 regional get-togethers across the country.

The event, organised by the charity Sports Leaders UK and CRC lecturer Rob Metcalfe – who runs the College’s thriving Sports Leaders programme – was attended by Cambridge mayor Councillor Sheila Stuart, who met the leaders at the end of the day’s programme.



Young sports leaders with Cambridge mayor Sheila Stuart and CRC Principal Anne Constantine

The 'Leaders for Life' convention focused on physical skills, volunteering, employment and further training opportunities for the youngsters, all of whom have already gained their sports leader qualifications.

Among the organisations helping with the programme, and exhibiting at the event, were top management consultancy Accenture, the Army, Skills Active, Fitness Qualifications, Tesco, BMW and a number of charities and Gap Year organisations.

Chris Toner, the regional manager for Sports Leaders UK, said the event – the first regional convention ever held by the organisation – was a huge success.

“The day went brilliantly well,” he said. “The support we have had from Rob Metcalfe and CRC and all the volunteers has been immense – it was a superb occasion. We are really grateful to CRC for hosting the event and allowing us to use their fantastic facilities.”

Cambridge Regional College has a very successful Sports Leaders programme which includes a strong volunteering element – last term students travelled to Marrakesh to work with street children as part of their course.

More than 200,000 people a year qualify as sports leaders through 4,000 schools, colleges, local authorities, prisons and young offender units. The qualification aims to produce young role models; who help others to achieve their goals and encourage their communities to lead fit and healthy lifestyles.

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#### **MEDIA ENQUIRIES:**

For more information, please contact Lynn O'Shea, Communications & PR Manager, on 01223 418773 or email [loshea@camre.ac.uk](mailto:loshea@camre.ac.uk)

#### **NOTES TO EDITORS**

Cambridge Regional College is the second largest provider of full-time education for 16 to 19 year-olds in the eastern region. The College has more than 4,000 full-time

and 6,000 part-time students. Students come in from a 40-mile radius, covering Cambridge and its surrounding villages, eastern Bedfordshire, northern Essex and western Suffolk.

Over 80 per cent of full-time students are aged 16 to 18 years old and come to the College after secondary school; the rest are mature students, studying on a range of Access to Higher Education and vocational programmes. The College offers the largest and most comprehensive range of vocational courses in Cambridgeshire, and has one of the largest work-based learning contracts in the Eastern Region.