

3 September 2010

Press Release

NICOLA PAINTS CRC PINK FOR CANCER RESEARCH!

A major week of fun and fund-raising for cancer research takes place at Cambridge Regional College this month (sept) when teenager Nicola Housden paints the town pink – all in memory of her mother and grandmother.



The 18 year-old CRC sports centre receptionist is making up for missing this year's Race for Life by organising a series of events – including a sponsored run for all comers and a 'pink' aerobics class – which culminates in a fantastic family fun day on **Sunday, 19 September**. Entertainment includes a bouncy castle, climbing wall sessions, martial arts demonstrations, mini make-overs, beat the goalie competitions, fitness challenges, face painting and lots more.

Local companies and organisations will also have stalls on the day, selling everything from a hog roast and cakes, to toys and fitness courses, and many will be running fun competitions with plenty of prizes on offer.

“It will be a great day out for everyone and there will be lots to do and some fantastic prizes to win in the raffle,” said Nicola, who lives in Witcham. “I lost both my Mum and my Nana to cancer, so raising money for Cancer Research UK is something I like to do each year.

“This year I decided to go all out and have a week of events to tie in with Cancer Research’s “Paint Cambridge Pink” campaign. I’m hoping everyone will join in, have lots of fun and help raise £1,000 for the charity.

“The main event is a family fun day on **Sunday, 19 September 2010, from 10am to 3pm**, and all money taken on the day will be donated to Cancer Research UK. Many local businesses have booked a stall to help us raise as much as possible.

“We are also holding a sponsored mile-and-a-half run around the Science Park, which starts at **12 noon on Wednesday, 15 September**. Entry fees are £2 a person and there is a pink theme so we want everyone to go crazy and wear it wild! We are encouraging people to grab family, friends and work colleagues together to raise money for Cancer Research UK and help beat cancer,” said Nicola.

“And we will be running a lunchtime aerobics class on **Thursday, 16 September from 12.15pm-1.00pm**. The idea is to dress pink and crazy, and have a bundle of laughs with your friends, families and work colleagues while exercising! The entry fee for the aerobics class is £2 per person which can be paid on the day, but other donations are more than welcome!”

From **Monday, 13 September**, Nicola will be selling raffle tickets for a draw to be held during Sunday’s fun day. Prizes include salon vouchers, food vouchers, sweets and chocolates, music vouchers, vouchers for local businesses, photography vouchers, gift sets, beauty sets, and lots more.

For more information, or to book a place on the Science Park sponsored run or join the fun aerobics class, ring Nicola on 01223 418280.

Organisations and companies who have booked stalls for Sunday include Cambridgeshire FA, Phoenix Korfball, Iced Queen, Beads by Nicola, Gimme-Gimiks, The Fairy School, Sporting Pigs (hog roast), Fitness Qualifications and Cambridge Kangaroos.

Businesses supporting the day by donating raffle prizes include The White Horse Inn, Witcham, The Studio, Sutton, Beads by Nicola, Three Cups Jewellery, Simply Flowers, Lollipop Animation, Max Spielman and Iced Queen.

- ends -

MEDIA ENQUIRIES:

For more information, please contact Lynn O'Shea, PR & Events Co-ordinator, on 01223 418773 or email loshea@camre.ac.uk

NOTES TO EDITORS

Cambridge Regional College is the second largest provider of full-time education for 16 to 19 year-olds in the eastern region. The College has around 3,500 full-time and 6,000 part-time students. Students come in from a 40-mile radius, covering Cambridge and its surrounding villages, eastern Bedfordshire, northern Essex and western Suffolk.

Over 80 per cent of full-time students are aged 16 to 18 years old and come to the College after secondary school; the rest are mature students, studying on a range of Access to Higher Education and vocational programmes. The College offers the largest and most comprehensive range of vocational courses in Cambridgeshire.