

SHORT COURSES

FIRST AID AT WORK



COURSE CODE	CR5SCFC-SR5FCFAW
COURSE LENGTH	3 DAYS
COURSE COST	£300 PER PERSON

This is a three day course designed primarily for candidates who would like to become First Aiders in the Workplace. The course begins from the basic first aid but upon completion the candidates will be equipped to practice first aid in the workplace and be a first responder to a first aid call.

Course Content

The course includes topic areas:

- What is first aid and first aid in the workplace
- Responsibilities of the appointed person
- Action at an emergency
- Primary assessment
- Secondary assessment
- Breathing and circulation
- Principles of resuscitation
- Resuscitation procedure
- Disorders of respiration
- Disorders of circulation
- Wounds and bleeding
- Bites and stings
- Disorders of consciousness
- Foreign objects
- Incident management
- Burns and scalds
- Bones joint and muscle injury
- Poisoning
- Effects of heat and cold
- Incident management

Assessment Method

This course is assessed via a written and practical assessment during the training days.

Entry Requirements

No prior First Aid training is required to attend this course, candidates must be over 16 years old to receive a certificate.

Certification

This course is approved by HSE.

Course Dates

Please see the Short Course Timetable for the next scheduled dates. Also available as a bespoke course delivered on your company's premises.



Interested? Contact us on:

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Employment & Skills

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