

Emergency First Aid in the Workplace for the Appointed Person

Candidates must be over 16 to receive certification, but no prior First Aid training is required to attend this course

Content

This is a one day course designed primarily for candidates who want to learn the basics of first aid and who will need to use these skills in emergency situations. It will cover a range of the basic first aid topics so that the candidate will have a general knowledge of and be able to apply these skills when required.

The course includes topic areas:

- ❖ What is First Aid?
- ❖ First Aid in the workplace
- ❖ Responsibilities of the appointed person
- ❖ Action at an emergency
- ❖ Primary assessment
- ❖ Secondary assessment
- ❖ Breathing and circulation
- ❖ Principles of resuscitation
- ❖ Airway obstruction
- ❖ Disorders of circulation
- ❖ Bleeding
- ❖ Additional subjects

Course length	1 day
Course cost	£140 per person
Certification	This course is approved by the HSE
Contact	Please call 01223 418778 or email training@camre.ac.uk
