

## **Emergency First Aid in the Workplace for the Appointed Person**

Candidates must be over 16 to receive certification, but no prior First Aid training is required to attend this course.

### **Course Content**

This is a one day course designed primarily for candidates who want to learn the basics of first aid and who will need to use these skills in emergency situations. It will cover a range of the basic first aid topics so that the candidate will have a general knowledge of and be able to apply these skills when required.

The course includes topic areas:

- ❖ What is First Aid?
- ❖ First Aid in the workplace
- ❖ Responsibilities of the appointed person
- ❖ Action at an emergency
- ❖ Primary assessment
- ❖ Secondary assessment
- ❖ Breathing and circulation
- ❖ Principles of resuscitation
- ❖ Disorders of respiration
- ❖ Disorders of circulation
- ❖ Wounds and bleeding
- ❖ Additional subjects

<b>Course length</b>	1 day
<b>Course cost</b>	£140 per person
<b>Course dates</b>	Upon request
<b>Certification</b>	This course is approved by the HSE
<b>Contact</b>	Please call 01223 418778 or email <a href="mailto:training@camre.ac.uk">training@camre.ac.uk</a>

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